



CYAN ANNUAL REPORT

2020



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STATEMENT FROM THE DIRECTOR



It is my pleasure to present the 2020 Annual report. CYAN has been in place for more than two years and I am delighted to note that we have made immense progress while serving our community.

2020 was a bad year for Kenya and even the entire world, most of the pillars tested by Covid - 19 pandemic was found wanting. Globally, the pandemic remains a pain to the society and an indicator of failing social fabric as well as questioning nation's integrity. During this time, all priorities were diverted towards curbing the pandemic leaving behind GBVs, teenage pregnancies and other sexual reproductive health issues of young people. As the year goes down in history, it will be noted that frontline healthcare workers sacrificed their time including their lives to help save lives.

With Covid - 19 on our doors, with tough economic and health systems on their knees, adolescents and young people have a lot of disposable time at home. It is therefore imperative to understand that pandemic has brought a lot of things on hold except for the sexual feelings of both adult and young people.

It was a year of accelerated learning of virtual engagements for our growing teams across the Suba sub county as we strengthened partnership with new stakeholders in our mission to create an enabling environment for young people through collective action to address existing and emerging reproductive health needs.

In this period, we reached over 6000 community members with various health information and services, transforming the lives of women, men and children. 4700 young people were linked to youth friendly services with 2061 receiving different contraceptive services. We have seen more people access Contraceptive services, TB and HIV testing services, malaria among the rest.

This has been possible through the continued partnership and close collaboration with national and county government, our implementing partners, healthcare workers of various cadres and local communities we serve.

I would also like to acknowledge and commend exemplary work of our CYAN Kenya teams during this trying and difficult moment for the nation. My encouragement to you is to stay true to our calling to serve our communities with unwavering zeal as we work to deliver our mandate.

Steve Juma - CYAN Director

COMMUNITIES ARE THE CURE.

CYAN was founded by a group of committed and dedicated youths within the community, we build the capacity of adolescents and youths in the rural communities to advance their own health and well-being.

At CYAN we believe rural communities have the potential and capabilities to solve the world most pressing challenges. We build coalitions with communities, Frontline health workers, civil society organizations and County government to advance for adolescents and young people. This ground up approach promises holistic solutions to challenges experienced by adolescents and Youths in the rural communities.



- Our Values
- . Community Centered . Volunteerism . Teamwork
- . Partnership and Networking . Integrity. Equality. Creativity and Innovation

DEMAND CREATION AND COMMUNITY HEALTH MOBILIZATION EFFORTS

CYAN's main group has 12 trained youths and is led by a secretariat that comprises of Team leader, M&E, Coordinator and an administrator who support the daily functions. The main group is broken down to eleven sub-groups located in different locations, with membership ranging from 5 to 25 young people, depending on youth population and interest; youth population for out of school category of youths and in school category. Functions and activities of the sub-groups are centrally coordinated from the main group with fortnightly meetings to check on progress. According to CYAN group members, the management pyramid helps in increasing geographical coverage and improving service delivery as many young people can be reached at any given time.

Evolving demand creation/ mobilization efforts

1. Magnetic theatre

CYAN uses magnetic theatre (drama) to promote community health services. Through 2019 and Early 2020, we realized the power of magnetic theatre on promotion and access to services. We conducted theatre events that have the public to access medical consultation, HIV/AIDS, Family planning, GBV contents, products and services. Magnetic theatre was a key mobilization strategy at the international and local events like; Environmental Day, Youth Day, UN Disability Day 16 Days of gender activism.



2. Door - to Door Visitation

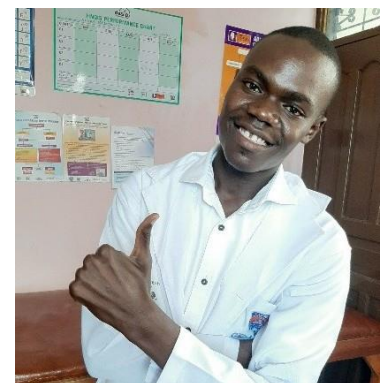
In 2020, our youth peer providers took advantage of long holidays of school closure due to Covid - 19 to map youths in their villages of form village sub groups Where 20 - 25 households were visited on a monthly basis reaching an estimate of 150 - 200 youths. In the village youth sub groups, our youth peer providers talked to their peers with permission from parents/ guardians, the YPPs provided; health education, peer mental support, condom distribution, FP information using the CYAN FP decision making matrix for informed contraceptive choices.

METHOD	CONTRACEPTIVES	CONTRACEPTIVES	CONTRACEPTIVES	CONTRACEPTIVES	CONTRACEPTIVES	CONTRACEPTIVES	CONTRACEPTIVES
CONDOMS	✓	✓	✓	✓	✓	✓	✓
INJECTABLES	✓	✓	✓	✓	✓	✓	✓
IMPLANTS	✓	✓	✓	✓	✓	✓	✓
DIAPHRAGMS	✓	✓	✓	✓	✓	✓	✓
COILS	✓	✓	✓	✓	✓	✓	✓
STERILIZATION	✓	✓	✓	✓	✓	✓	✓
OTHER	✓	✓	✓	✓	✓	✓	✓

3. virtual peer support and healthcare promotion

On March 13, 2020. The government of Kenya announced the first Covid - 19 case, this followed by development of guidelines and protocols to help curb drastic resurgence of Covid 19 in the country. These guidelines prompted CYAN to shelve magnetic theatre thus, led to introduction of online tact as a means of continuing with FP information sharing, peer mental support, linkage (referrals) to youth friendly health services in the community.

Our youth peer providers formed village WhatsApp groups, Facebook pages and SMS platforms to convey information/ access products and services to youths. The groups were moderated by CYAN Secretariat who have access to health experts i.e clinicians and Nurses at private and public health center to respond to technical questions and help coordinate successful referrals to those in need.

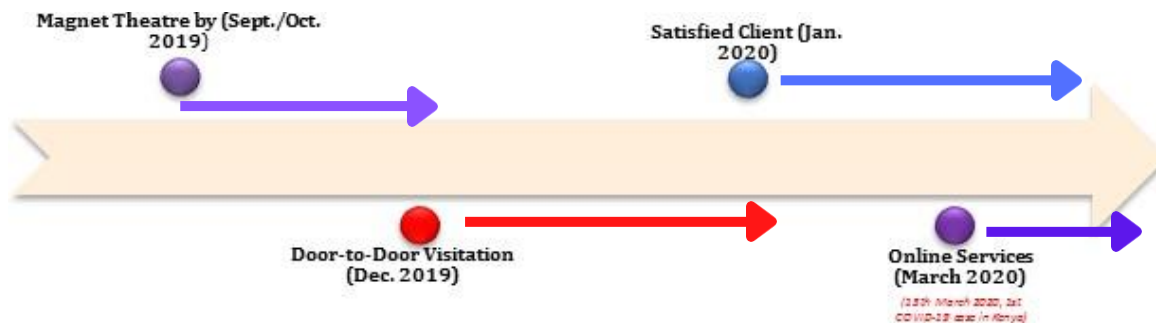


"I have enjoyed working with young people. CYAN has enabled young people to mobilize themselves to access FP products," .

Brian Oduor
Clinician (Sanura Clinic Sindo)

MEASURING PROGRESS

From 2019 to date (November 2020), our community youth led health delivery methods continue to evolve to ensure (i) access to and utilization of FP information, products and services to mobilized youth, and (ii) the mobilized youth are retained for continuity of services and youth groups posterity. Between inception (September/October 2019) and the time of documentation (November 2020), in addition to Magnet Theatre as a mobilization tact, the two youth groups have acquired additional skills and tact, and have applied them as need be based on the pre-and-during the COVID-19 epidemic. The additional skills and tact are the use of satisfied clients to mobilize of the peers, the initiation of online services (WhatsApp and Facebook) to reach young people from the comfort of their locality, and the introduction of village youth livelihood skills by CYAN for cohesion of group, as indicated in the evolution timeline and detailed in sections below.



Youth – led service delivery

Youth were among the population affected by the pandemic. In Kenya schools closed down for the better part of 2020. As a fact, schools are a safety net for Kenyan youths and their closure placed youths at a greater risk for poor academic, social, and health outcomes.

In alignment with the government policies, CYAN worked closely with the government, PS Kenya, AMREF and the ministry of health to support youths in the rural communities to ensure access to reproductive health information and youth friendly healthcare.

To support adolescent and youths during this time; under DESIP programme, CYAN provided remote mentorship, linkage to healthcare through referrals and community sub groups on WhatsApp platforms and community meet ups to ensure continuity in SRH information dissemination and access to healthcare.

AFRIKA platform: Through a partnership with AMREF Africa under Homabay County youth advocates CYAN mobilized and registered youths to the AFRIKA platform where they were able to access SRH information virtually in their communities.

Contraceptives uptake and SRH information dissemination

CYAN Youth Peer Provider Model

Youth peer providers are (a boy or a girl from each village) trained and empowered to deliver health information to their peers in the villages.

Our youth peer providers under DESIP program ensured continuity in SRH information dissemination through village meet ups and virtual platforms

- 21 CYAN youth peer providers trained and deployed.
- 15000 Condoms distributed
- 88% Increase in uptake of contraceptives



From inception in 2019, we have ever believed community owned innovations can be replicated across communities to solve world's health, social and economic challenges faced by young people in the rural communities. And for this reason we innovate, prototype, scale out programs to support youths. We began in Mang'ang'a village in Sindo where we tested our youth peer provider model. We have since scaled out in entire Suba South Sub County from 4 to 25 youth peer providers providing thier peers with peer support, SRH information, Youth livelihood skills and linkage to youth friendly healthcare. With plans underway, we shall replicate this model to Suba North in 2021.

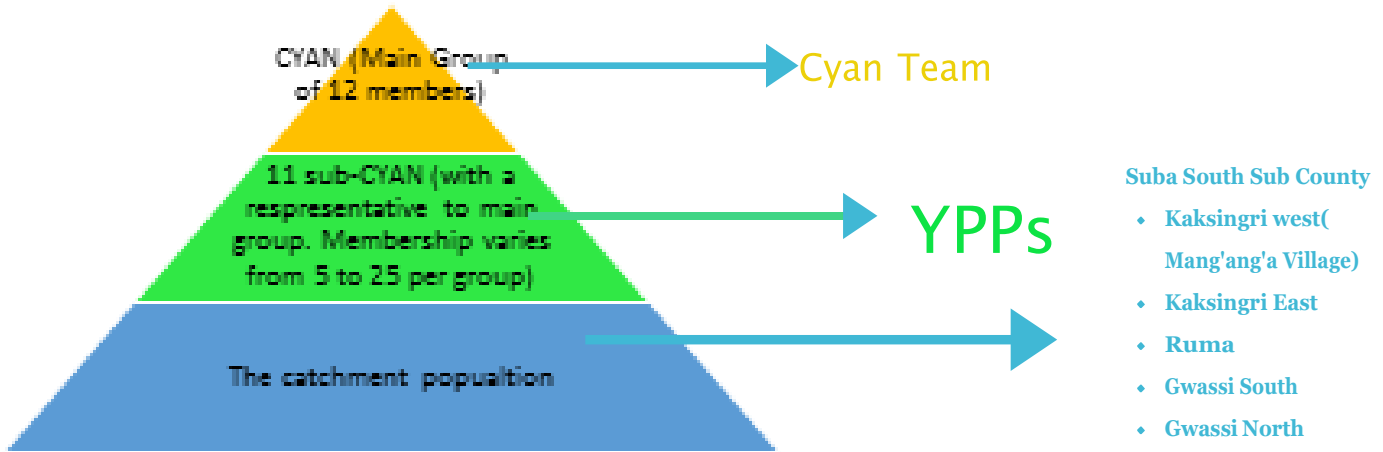


Fig 1.0 CYAN ground - up community youth - Led health

Suba Sub County Family planning uptake among youth aged 10-24 yrs.

In 2020, despite the pandemic the demand creation and SRH information dissemination by our Youth peer providers 6000 youths. Out of this 2061 youths received family planning methods thus, catalyst a contribution of 50% contraceptive uptake In Suba.

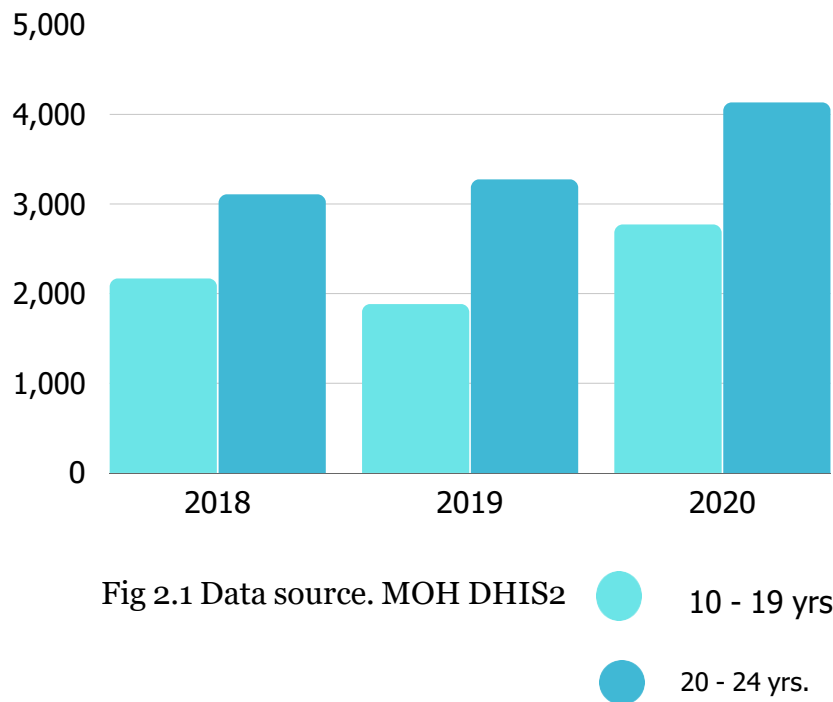


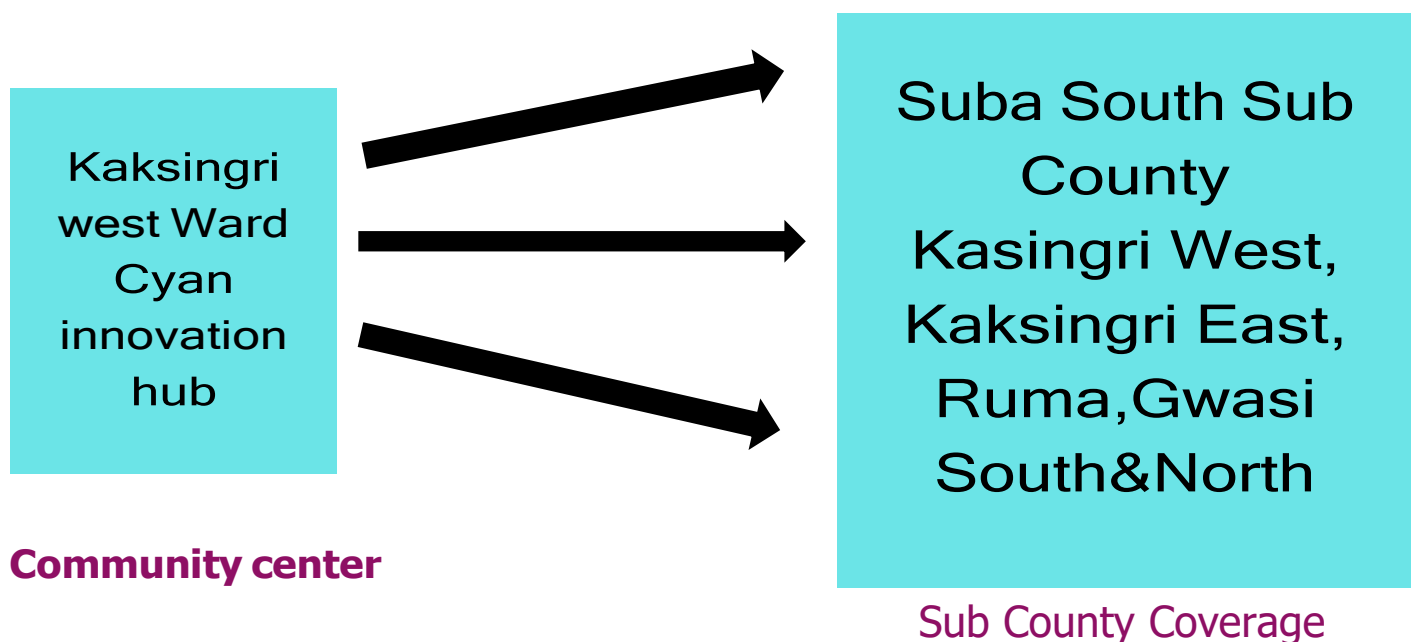
Fig 2.1 Data source. MOH DHIS2

- 10 - 19 yrs.
- 20 - 24 yrs.

50%

- . Youths reached - 6000
- . Youths linked to Youth friendly services- 4700
- . Youths received FP methods - 2061

CYAN GRADUAL REPLICATION AND SCALABILITY



Actions and commitments

No. 01 – Volunteerism

Started by youths for the benefit of other youths in the community, our community health volunteers have committed their efforts despite hard situations to voluntarily deliver through continuous engagement of their peers to ensure empowerment and resilience from health, social inequities in the rural settings of Suba.

No. 02 – Community impact

The commitments accelerated by the organization in the community is never stopped by community Dynamics. We ensure have ensured impact realization in the midst of containment to flatten the Covid Curve in the community. Reaching out to more than a community has been braced by the fact that we 'we have the capability to solve our community challenges'

No. 03 – Partnership

As an African proverb depicts, " Alone you fast while together you can go far." We have embraced the value of partnership with the communities where we work; Community gate keepers, Ministry of health, PS Kenya, AMREF Africa, Wayfinder health strategies, Homabay County government have given us the strength to achieve more. Our YPPs have been capacity build to deliver in the community to reach the whole Sub County and forge to reach the whole County and beyond.

CYAN TEAM

CYAN Kenya has two ranks of the leadership in the community.

Secretariat

- Steve Juma
- Joseph Were
- Benard Ogolla
- Linet Atieno
- Ibrahim Abonyo



Community Youth Peer Providers.

- Seth Ajwang'
- Violet Ogwen
- Tobias Achongi
- Herman Pascal
- Faith Ogone
- Beatrice Ougo
- Oluoch El - Shandah
- Patrobas Okongo
- Rodgers Osumba
- Elizabeth Otieno
- Kennedy Odiwuor
- Beatrice Awuor
- Lizzy Achieng
- Benter Anyango
- Anne Achieng
- Sharon Opap

ACKNOWLEDGEMENTS

We take this humble commitment to give thanks to the community we serve and our dedicated partners who have realized our potential thus, have committed to support our volunteer community activities and to work with us to champion adolescent and youth SRHR for the benefit of youths in the community. In the previous year of 2020, CYAN never had funding to conduct its activities but with the support of our partners in the community and County we managed to pursue our objectives with the virtue of volunteerism from our team.

- County government of Homabay
- Ministry of Health
- PS Kenya
- AMREF AFRICA
- Homabay CSOs Network
- Wayfinder Health strategies
- RHAY Conference
- Impact Research and development Organization
- KELIN Kenya.

*We thank our partners for your continued support
in our efforts to contribute to the good health of
youths in the community.*

Contact

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